

1.2 Why cannot the Nursing officer conduct an outcome evaluation? (5 marks)

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1.3 How would the Nursing officer be able to get an idea about outcome evaluation in relevant to her educational sessions? (5 marks)

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1.4 How would the impact evaluation method help this nursing officer in her future activities? (5 Marks)

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1.6 Health promotion is defined as the process of enabling people to increase control over their health and its determinants, and thereby improve their health. Health education is considered as one of key strategies for health promotion. Give answers to the following questions based on health promotion.

1.6.1 Mention the **five (05)** social determinants for health. (15marks)

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1.6.2 Name the **three (03)** basic strategies identified by Ottawa Charter for health promotion. (5 marks)

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1.6.3 Name the **five (05)** prerequisites for health promotion which were identified by the Ottawa Charter conference. (5 marks)

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1.7 Health education, behavioral change, communication and health literacy are key concepts used to develop personal skills among people in health promotion.

1.7.1 As a nursing officer working in the hospital how do you recognize a patient with low health literacy? (10 marks)

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1.7.2. During a teaching session, the nurse inform a patient with a recent neck injury that damage to the nerves is comparable to a water hose that has been pinched off. During this teaching session, what is the teaching method used by Nursing officer? Justify your answer. (10 marks)

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1.7.3 Define 'self-efficacy' in health education.

(5 marks)

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FACULTY OF ALLIED HEALTH SCIENCES ,UNIVERSITY OF RUHUNA

Department of Nursing

1st End Semester Examination-2021- 2018/2019 (12th) Batch

NUR 1151- Health Promotion and Social Aspect in Nursing -SEQ

Date: 26th January 2021

Time: 9.00 a.m.-10.00 a.m.

Duration: 1 hour

Index Number:

Answer all questions

2

2.1 List five (05) importance of learning sociology.

(25 marks)

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2.2 Describe how sociology is useful in nursing education, service and profession. (50 marks)

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