

FACULTY OF ALLIED HEALTH SCIENCES ,UNIVERSITY OF RUHUNA Department of Nursing 1st End Semester Examination-2021- 2018/2019 (12th) Batch

NUR 1151- Health Promotion and Social Aspect in Nursing-SEQ

Date: 26th January 2021

Time: 9.00 a.m.-10.00 a.m.

Duration:1 hour

Index Number:

Answer all questions

1. A Nursing officer conducted a series of health education sessions on proper use of condoms for a group of young men. Her aim was to increase the number of men using condoms properly. She carried out health education sessions for three months. During the second month of her implementation, she conducted **process evaluation**. After three months, she evaluated the **effectiveness** and the **efficiency** of her health education activities. In addition, she did **impact evaluation**.

Based on this information, answer the following questions.

(10 Marks)

1.1 Define the term of impact evaluation.	
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1.2 Why cannot the Nursing officer conduct an outcome evaluation?	(5 marks)
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1.3 How would the Nursing officer be able to get an idea about outcome evaluation in relevant to her educational sessions? (5 marks)

1.4 How would the impact evaluation method help this nursing officer in her future activities?

(5 Marks)

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1.5 A nursing officer planned to implement a smoking cessation program targeting of a social group. They are active in social media and found to share smoking promoting pictures among the group frequently.

1.5.1 Mention one of the most suitable individual theories which can be applied to change addictive smoking behaviour of a person in this social group. (10 marks)

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1.5.2 Name the most suitable teaching methods you can use to address this social group. (5 marks)

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I.5.3 Mention advantages of using this method for health education.
(10 Marks)

Image: Solution advantages of using this method for health education.
(10 Marks)

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1.6 Health promotion is defined as the process of enabling people to increase control over their health and its determinants, and thereby improve their health. Health education is considered as one of key strategies for health promotion. Give answers to the following questions based on health promotion.

1.6.1 Mention the five (05) social determinants for health.	(15marks)
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•••••••••••••••••••••••••••••••••••••••	
1.6.2 Name the three (03) basic strategies identified by Ottawa	(5 marks)
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1.6.3 Name the five (05) prerequisites for health promotion which	ch were identified by the Ottawa
Charter conference.	(5 marks)
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1.7 Health education, behavioral change, communication and	health literacy are how assessed

1.7 Health education, behavioral change, communication and health literacy are key concepts used to develop personal skills among people in health promotion.

1.7.1 As a nursing officer working in the hospital how do you recognize a patient with low health literacy? (10 marks)

1.7.2. During a teaching session, the nurse inform a patient with a recent neck injury that damage to the nerves is comparable to a water hose that has been pinched off. During this teaching session, what is the teaching method used by Nursing officer? Justify your answer.

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(10 marks)

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1.7.3 Define 'self-efficacy' in health education.		(5 marks)
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Date: 26 th January2021	Time: 9.00 a.m10.00 a.m.	Duration:1 hour
Index Number:	·····	
Answer all questions 2		
2.1 List five (05) importance	of learning sociology.	(25 marks)
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.2 Describe how sociology is	useful in nursing education, service and p	profession (50 mode)

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2.3 Briefly describe 'Socialization'.
(25 marks)
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