



ALLIED HEALTH SCIENCES DEGREE PROGRAMME
First End-Semester Examination for B.Sc. Nursing Degree
BHS 6 Health Education and Promotion Paper I

November 2011

Coordinator
Time: 1.00 hours
B.Sc Nursing
Allied Health Sciences Degree Programme
University of Ruhuna, Faculty of Medicine
Karapitiya, Galle,
Sri Lanka

Index Number:

1.1 List 5 major behavioral factors associated with diseases and ill-health conditions of people in Sri Lanka. (20 marks)

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1.2. Heart diseases have become a leading cause of hospital admissions and deaths in Sri Lanka. Rehabilitation of heart patients has been identified as a cost effective health promotion strategy.

1.2.1 List 3 health promotion activities that can be used to rehabilitate heart patients. (30 marks)

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2.1. List 3 universally accepted indicators of health of a population. (15 marks)

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2.2 Explain the followings using an example

2.2.1 Primary prevention (20 marks)

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2.2.2 Secondary prevention (20 marks)

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2.3. List 5 policy actions that can be taken by the government to reduce alcohol use in Sri Lanka (25 marks)

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