## UNIVERSITY OF RUHUNA FACULTY OF MEDICINE



## ALLIED HEALTH SCIENCES DEGREE PROGRAMME First End-Semester Examination for B.Sc. Nursing Degree BHS 6 Health Education and Promotion Paper I

November 2011

Time: 1.00 hours B.Sc Nurshill

Health Scient' & Decrea Programme

**Index Number:** 

University of Ruhuna, Faculty of Medicine Karapitiya, Galla. Sri Lanka

1.1	List 5 major behavioral factors associated with diseases and ill-health conditions	of people in
	Sri Lanka.	(20 marks)
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1.2		
1.2.	Heart diseases have become a leading cause of hospital admissions and de Lanka. Rehabilitation of heart patients has been identified as a cost effective promotion strategy.	
1.2.1		(30 marks)
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1.2.2.	List 3 health outcomes that can be achieved by rehabilitating heart pati	ents.
		(30 marks)
1.2.3.	Suppose you are a nurse working in a cardio-thoracic unit in a hospital been asked to conduct a smoking cessation program for your patients.	. You have
	What issues do you should consider before you start the program?	(20 marks)
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2. 0	
2.1.	List 3 universally accepted indicators of health of a population. (15 marks)
2.2	Explain the followings using an example
2.2.1	Primary prevention (20 marks)
2.2.2	Secondary prevention (20 marks)
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2.2.3 Tertiary prevention (20 marks)	
	musik E.S.F

2.3.	List 5 policy actions that can be taken by the government to reduce alcohol Lanka		