

University of Ruhuna - Faculty of Allied Health Sciences Department of Nursing

1st Year 1st End Semester Examination (new curriculum) Fundamentals of Nursing - FON 1144 (SEQ)

July 2018

Duration: Two hours

Index Number	
Answer for all questions.	en nakeningsi den d
1.	
You are a Nursing Officer, working in a surgical ward. You have to do discharge to Diabetic patient about the disease and to maintain a "Healthy Life Style".	aching to a
1.1 List five (5) various causes for diseases.	(30 marks)
Best 1954 and Francisco de se es es es es trapas esparas a securios.	
1.2 What is the "WHO" (World Health Organization) definition of "Health"?	(20 marks)

examples for each leve	The second of th	prevention. Mention two	S. S. Sales
orampies for each leve	el to prevent diabetes.		(30 mark
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1.4 Pain management	is a very important duty of	a nurse. State five (5) pa	in managem
methods.		5	(20 mar

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2. Compared to the Statement of Verginia Henderson.	20 marks)
2.1 Define Nursing according to the Statement of Verginia 11	
List five (5) qualities of a profession. (10 marks) Write five (5) differences between a profession and the other occupations. (10 marks)	
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	s of a profession. (10 marks)
	10 marks)
List five (5) qualities of a profession. (10 marks) Annual of Profession and the other occupations. (10 marks) Write five (5) differences between a profession and the other occupations. (10 marks)	
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2.3 Write five (5) differences between a profession and the other occupations.	(10 marks)
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2.4 Mention five (5) important roles and functions of a	nurse in the clinical setting.	(10 marks)
(Reference)		
6.2. ***********************************		
3. 3.1.1 How will you instruct a patient to perform below mentioned breathing exercises? a. Pursed lip breathing (15 marks) b. Diaphragmatic breathing (21 marks)	and the second	
3.		
3.1 (whise (VI)	and the state of t	
3.1.1 How will you instruct a patient to perform belo	w mentioned breathing exerc	cises?
a. Pursed lip breathing		(15 marks)
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		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
MANAGEMENT NEW PROBLEMS AND AND ALLE WATER		
b. Diaphragmatic breathing		(21 marks)
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	사용하다 19일 전에 가득하다 하루를 내놓아 보고 있다면 하는 아이들은 사람들이 되었다면 하는데 하는데 하는데 되었다.	

3.1.2 List four (4) other measures to promote breathing.	(14 marks)
. Alexandra de trada esta de la companion de l	
3.2	
3.2.1 List five (5) factors that determine the nutritional needs of an individual.	(20 marks)
the state of the s	(a) (a) file abbles and below
	Tarana ay an Chair
3.2.2 Mention the delivery routes of nutritional support for adults.	
3.2.3 What is diet therapy?	(12 marks)

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4. The second se	
4.1	
The second secon	(10 marks)
4.1.1. Briefly describe what is communication.	
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descent time the symbolic periods are to always from the second and the second	(15 marks)
4.1.2 List five (5) barriers to effective communication.	(15 marks)
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d. L	arriors you have mentioned
4.1.3 Explain the measures that could be taken to overcome the ba	airieis you have mous-
above	and the second s
	(25 marks)
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4.2
4.2.1 List the phases of nursing process.
에 보통하다는 경우 사이트로 보고 있다. 그는

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4.2.2. Briefly outline how you would provide an "orientation to the ward" to a newly admitted
patient.
(15 marks)

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4.2.3 Bed sores are a serious complication of a long term bed ridden patients. Briefly describe
nursing interventions which are performed for a patient with bed sore. (15 marks)
nursing interventions when the P

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	(10 m	arks)
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