



UNIVERSITY OF RUHUNA  
FACULTY OF MEDICINE

092

ALLIED HEALTH SCIENCES DEGREE PROGRAMME  
First End-Semester Examination for B.Sc. Nursing Degree  
NCS 1 Fundamentals in Nursing Paper II

November 2011

Co-ordinator  
B.Sc Nursing  
Time: 2.00 hours 30 minutes  
Section I (30 minutes)  
Allied Health Sciences Degree Programme  
University of Ruhuna Faculty of Medicine  
Krapitiya, Galle  
Sri Lanka

Index Number :

1. A 25 years old patient admitted to your ward. As a nursing officer you have to do various actions for that patient. Answer following questions.

1:1 When you take the patient's health history, list 10 main component of patient's health history? (40 marks)

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1:2 How do you prepare the patient for health assessment? (40 marks)

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1:3 After performing complete health assessment you have to plan nursing care. List the nursing care plan in steps. (20 marks)

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Time: 2.00 hours 30 minutes  
Section II (30 minutes)

2.0 You are a Nursing Officer, working in a Medical ward. On a casualty day morning, you are assigned to admit new patients. You admit a female patient, who is transferred from another hospital. During the admission procedure, she complains difficult to breath at once and little pain in chest, while lying down on the bed.

2.1 How do you help patient to reduce her breathing difficulties? (30 marks)

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2.2 After settling the breathing problem, she complains pain on her left arm, which is radiated to the neck also. How do you name this pain? (10 marks)

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2.3 When consider about this patient, what can be the affective/ psychological responses to the pain? Name some responses. (20 marks)

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2.4 List and briefly describe five methods of pain management in this patient (40 marks)

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Time: 2.00 hours 30 minutes  
Section III (30 minutes)

Index Number:

3.1 Write down 4 main purposes of giving first aid to the casualty. (20 marks)

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3.2 Write down 3 principles of managing fractures. (15 marks)

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3.3 What is the best position of keeping victim with breathing difficulties? (10 marks)

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3.4 Mention four major methods of controlling heavy external bleeding. (20 marks)

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3.5 How do you assess the effectiveness of ventilation during the pulmonary resuscitation? (15 marks)

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3.6 Mention 3 advantages of keeping unconscious person in recovery position. (20 marks)

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B.Sc Nursing

Time: 2 hours 30 minutes

Section IV (30 minutes) Ruhuna, Faculty of Medicine

Kampitiya Galle

Sri Lanka

Index Number:

4.1 Name factors affecting the site selection for assessing body temperature (30 marks)

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4.2 What are the contraindications for obtaining oral temperature? (10 marks)

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4.3 Write the formulas and convert following temperature values (20 marks)  
a. 100<sup>0</sup>F in to Celsius

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b. 37<sup>0</sup>C in to Fahrenheit

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4.4 Mention four (04) responsibilities of a nurse after assessing temperature of a patient.

(20 marks)

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4.5 If you find a patient's body temperature is 39<sup>0</sup>C, what are your nursing activities?

(20 marks)

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Section V Duration 30 minutes

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5.0 When patients admit to the hospital, nurses are responsible to prepare the patients' unit.

5.1 What is meant by "patients' unit"? (10 marks)

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5.2 Nurses should prepare the patient's unit before the patient's arrival. Comment about this statement. (20 marks)

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5.3 What are the factors which you consider when preparing the patient's unit? (30 marks)

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5.4 When a patient is discharging from the hospital after recovery, what are your responsibilities as a nursing officer? (20 marks)

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5.5 On admission you have to orient the patient to the ward. List main components.

(20 marks)

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