



**University of Ruhuna - Faculty of Medicine**

**Allied Health Sciences Degree Programme**

**B.Sc. Nursing Degree Programme**

**1<sup>st</sup> End Semester Examination**

**NFU 1144 – Fundamentals of Nursing I- Part A**

**SEQ paper**

**1<sup>st</sup> August 2017**

**Duration: Thirty (30) minutes**

**Index Number .....**

1.

You are a nursing officer working in a Medical ward. You have to do discharge teaching to a Diabetic patient about disease and how to keep "Good Healthy Life Style".

1.1) Identify various causes for diseases. List out 5 causes.

(20 marks)

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1.2) Above question is stressed about "Good Healthy Life Style". According to the definition of "WHO" (World Health Organization), what is "Health"? (15 marks)

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1.3) Nowadays most of people are diagnosed as diabetic patients. As a nurse you know about three levels of prevention. Mention three levels. (15 marks)

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1.4) What interventions can you take to prevent Diabetes, considering the levels of preventions? Mention 2 interventions for each prevention level. (30 marks)

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1.5) State the needs of 'Maslow's theory? (20 marks)

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## **B.Sc. Nursing Degree Programme**

**1<sup>st</sup> End Semester Examination**

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**NFU 1144 – Fundamentals of Nursing I**

SEO paper-Part B

1<sup>st</sup> August 2017

**Duration: Thirty (30) minutes**

**Index Number** .....

1

- 1.1) List 10 factors affecting safety of a patient in health care environment. (10 marks)

(10 marks)

1.2) Briefly describe the four main risks for patients in health care institutions. (20 marks)

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T.3) Briefly describe the four main hazards for health care professionals in health care institutions. (20 marks)

1.4) Briefly describe the aspects that you consider in maintaining safe environment for patients in health care institutions. (50 marks)



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## **1<sup>st</sup> End Semester Examination**

NFU 1144 – Fundamentals of Nursing I

SEQ paper - Part C

1<sup>st</sup> August 2017

**Duration: Thirty (30) minutes**

**Index Number .....**

1.

- 1.1) List five (5) factors influencing nutritional status of a person.

(30 marks)

1.2) List two (2) subjective data and two (2) objective data gathered during the nutritional assessment of a patient. (20 marks)

(20 marks)

#### Subjective data

i.....

ii. ....

## Objective data

i. ....

ii. ....

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Course Coordinator  
Nursing Degree Programme  
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1.3) List three (3) nursing diagnoses related to the fluid and electrolyte assessment of a patient. (18 marks)

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1.4) Briefly outline what are the nursing interventions for maintaining fluid balance of a patient in the ward. (32 marks)



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**NFU 1144 – Fundamentals of Nursing I**

**SEQ paper- Part D**

**1<sup>st</sup> August 2017**

**Duration: Thirty (30) minutes**

**Index Number .....**

1. Write short notes. (20 marks\*5=100 marks)

a. Profession

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b. Autonomy

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c. Accountability

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**d. Empathy**

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**e. Teamwork**

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**1.2 Write short note on followings.**

### **1.2.1 Responsibilities of an admission nurse (25 marks)**

### 1.2.2 Outpatient admission

(12.5 marks)

### 1.2.3 Discharge plan

(12.5 marks)

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