

University of Ruhuna Department of Nursing 2nd End Semester Examination NNU-1216 Nutrition in Nursing SEQ Paper -Part A

February 2018

Duration: Thirty (30) minutes

ndex number:	
Part A	
.1) List five (5) factors affecting nutritional status of an individual.	(15 marks)
.2) Mention four (4) disease conditions which are needed therapeur	(10 marks)
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.3) Mention four (4) objective data you are going to collect from the patient assessment	during nutritional (10 marks)
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.4) Mention five (5) contraindications of enteral feeding.	(15 marks)
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1.5) Mention five (5) aims of giving nutritional support to the patients.	(20 marks)

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University of Ruhuna Department of Nursing 2nd End Semester Examination NNU-1216 Nutrition in Nursing SEQ Paper -Part B

February 2018

Duration: Thirty (30) minutes

Index number:	
Part B	
1.	
1.1) Mention four effects of aging that affects the nutritional status of eld	1-
1.2) List five common nutritional problems in elderly people.	(20 marks)

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1.3) Mention nutritional requirements of the elderly people related to the of nutrients	e following componen (15 marks
Energy-	
Protein-	
Vitamins	
	(15 marks
1.4) List three methods of assessing nutritional status of elderly.	(15 marks
1.5) Briefly describe three nursing interventions which help to promote n	utritional status of the
1.5) Briefly describe three nursing interventions which help to promote nelderly people	utritional status of the (30 marks)
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