



**University of Ruhuna - Faculty of Medicine**

**Allied Health Sciences Degree Programme**

**B.Sc. Nursing Degree Programme**

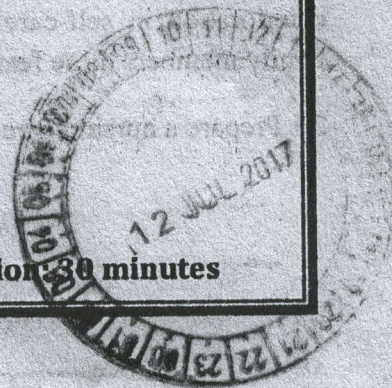
**3<sup>rd</sup> End Semester Examination**

**NPS 2134-Psychiatry in Nursing**

**SEQ Paper- Part A**

**July 2016**

**Duration: 30 minutes**



1.

1.1 List the cluster B personality disorders.

(20 marks)

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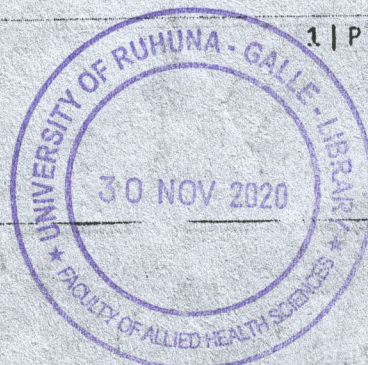
1.2 Mention two (2) nursing diagnoses for a patient with suicidal ideation.

(10 marks)

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1.3 Mention four (4) nursing interventions for a patient with a sleeping disorder. (20 marks)

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2. Mrs. Susila 65 years retired teacher is admitted to your ward due to recent amnesia, deterioration in self-care and behavior such as wondering and irritability. According to her family members these features have been improving since her retirement.

2.1 Prepare a nursing care plan for this client considering three (3) nursing diagnoses.

(30 marks)

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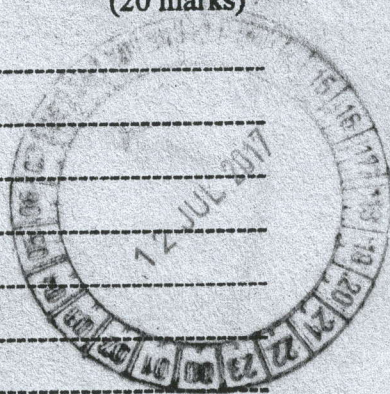
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2.2 Discuss how you educate family members about home care management of this client.

(20 marks)

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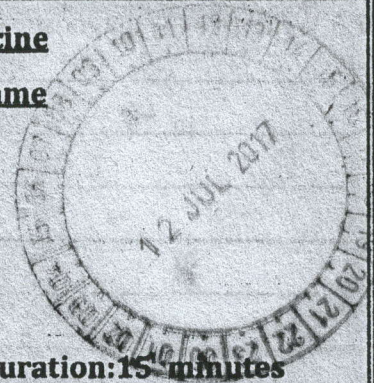
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**B.Sc. Nursing Degree Programme**

**3<sup>rd</sup> End Semester Examination**

**NPS 2134-Psychiatry in Nursing**

**SEQ Paper-Part B**



080

**July 2016**

**Duration: 15 minutes**

1. In an attempt of deliberate self harm, write five (5) questions you would ask from the patient to assess the risk? (Whether the risk is high, moderate or mild) (10 marks)

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- 1.2 What are the nursing observations of a patient who is admitted to psychiatry unit with an over dose of paracetamol? (who is medically cleared) (10 marks)

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1.3 Write five (5) diagnostic criteria for alcohol dependence.

(10 marks)

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1.4 Write two (2) psychological, two (2) social and two (2) medical problems of alcohol dependence.

(10 marks)

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1.5 Write three (3) characteristics for diagnosis of Obsessive Compulsive Disorder. (5 marks)

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1.6 Name and describe the Cognitive Behavior Therapy (CBT) for Obsessive Compulsive Disorder.

(5 marks)

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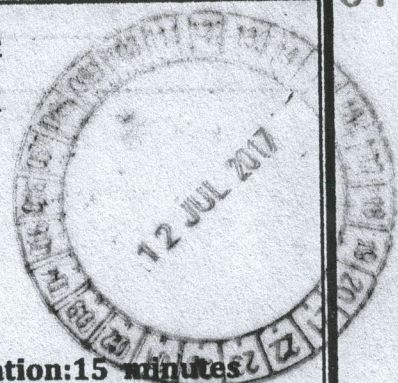
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**3<sup>rd</sup> End Semester Examination**  
**NPS 2134-Psychiatry in Nursing**  
**SEQ Paper-Part C**



**July 2016**

**Duration:15 minutes**

1. Describe how you would carry out a risk assessment in a patient admitted to the ward. (50 marks)

A series of horizontal dashed lines provided for writing the answer to the question.