

Index number: *Library Copy*



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26/03/2019
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Galle, Sri Lanka.

**FACULTY OF MEDICINE, UNIVERSITY OF RUHUNA
FINAL EXAMINATION FOR MEDICAL DEGREES
PSYCHIATRY PAPER 1**

25th March 2019

(1.00 – 4.00) 3.00 hours

Answer all 6 (six) questions.

Write your answer in the space provided

1. A couple in their mid fifties presents to the psychiatry outpatient clinic seeking advice. The husband says his wife is having multiple sexual relationships with the neighbors. He had made several complaints to the police regarding her behavior but has not received any favorable response.
The wife denies the accusation and says he is keeping a knife with him in the night and threatens to kill her alleged lover if he catches him. She claims this has been going on for last 3-4 years.

1.1 List three (03) differential diagnoses.

(10 marks)

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1.2 . List eight (08) questions you would ask to differentiate the diagnoses mentioned in 1.1.

(20 marks)

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1.3. What is the most probable diagnosis? (10 marks)

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1.4. Describe briefly the immediate management of this patient. (20 marks)

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1.5. List three (03) problems you would encounter in the long term management of this patient.

(15 marks)

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1.6. Describe briefly how you would manage each problem mentioned in 1.5 (15 marks)

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1.7. What advice would you give if all attempts to treat the patient fail? (10 marks)

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2. You are a Medical Officer of Health (MOH). At a school medical inspection, a teacher of grade 5 class reported that one boy (10yrs) in her class is very poor in studies. He scored less than 20% marks for sample papers of year 5 scholarship exam. Teachers who taught him from grade 2 have noted him to be poor in studies but report him to be an obedient, calm and lovable child.

2.1 List ten (10) questions you would ask from his parents to find the cause, giving reasons why you ask such question. (50 marks)

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2.2. Give two (02) possible diagnoses.

(10marks)

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2.3. Mention two (02) important investigations you would request.

(10 marks)

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2.4. Briefly describe your course of action for this child's problem.

(30 marks)

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3. A 40 year old mechanic was brought to the psychiatry clinic by his wife. He was irritable and angry that he was brought to the clinic. He denied having a psychiatric illness. He claimed that he had made a new discovery "a car driven with water" for which he would be awarded Nobel Prize. He further said that he heard the voice of the God giving instructions. He wanted to sell his garage to fund the project. He had three similar episodes in the past. This patient had an acute episode of bronchial asthma and was admitted to a medical unit two weeks back.

3.1 What is the most possible diagnosis of his psychiatric illness? (10 marks)

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3.2. Write three (03) reasons for your diagnosis. (10 marks)

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3.3. List five (05) other clinical features you would find in this patient (10 marks)

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3.4. List three (03) precipitating factors for this episode.

(10 marks)

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3.5 Write three (03) risks associated with his current condition.

(10 marks)

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3.6 Describe the acute management of this patient.

(25 marks)

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3.7. Outline the long term management of this patient.

(25 marks)

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Write your answer in the space provided

4. A 28 year old businessman was hospitalized with minor injuries following a road traffic accident. He was found to be smelling of alcohol at the time of admission. You are the medical officer in the ward and you decide to address his alcohol use at the discharge.

4.1 How would you assess his alcohol consumption?

(10 marks)

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4.2 Describe in detail the answer you have mentioned in 4.1

(20 marks)

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4.3 The patient reveals that he had taken only a bottle of beer at the time of accident and the accident was not because of his alcohol intake. He asks you whether it is harmful to drink a bottle of beer few days a month.

4.3.1 What is your response? (30 marks)

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4.3.2 Write the instructions you would give him on monitoring his alcohol intake. (20 marks)

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4.4. Sri Lanka reports an increase in annual consumption of alcohol in the recent years.
List the four (04) methods which can be used to reduce alcohol consumption in the country.
(20 marks)

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5. A 35-year-old female who was assaulted by a gang of thieves one month back, admitted to the medical ward with body aches, poor sleep with nightmares, crying episodes, and flashbacks of her assault. She has tried to overcome these symptoms on her own, by using "panadol" and "piriton" frequently but found that it was not helpful.

5.1 Write two (02) differential diagnoses.

(10 marks)

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5.2 Give reasons for the diagnoses given for 5.1.

(20 marks)

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5.3 Write five (05) questions you would ask, that will help you in the management. (20 marks)

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5.4 Outline the management for the most probable diagnosis. (25 marks)

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5.5 Would you refer this patient to a psychiatrist? Explain your answer. (15 marks)

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5.6 Name one non pharmacological method that can be used for this patient. (10 marks)

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6. A 75-year-old retired teacher had been forgetting her keys and her money for the past two years. For two days, she is confused, agitated, and said there are devils around her.

6.1 What is the most probable diagnosis? (10 marks)

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6.2 List five (05) common causes for her recent worsening of her symptoms. (25 marks)

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6.3 List five (05) long term problems you would anticipate in this patient. (25 marks)

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