ISSN: 2659-2029

Proceedings of 2<sup>nd</sup> Research Symposium of the Faculty of Allied Health Sciences

University of Ruhuna, Galle, Sri Lanka

December 05, 2019



## **OP 12**

## Formulation and Evaluation of Alcohol Based Poly-herbal Hand Sanitizer with Potential Antibacterial Activity

Hettihewa S.K.<sup>#</sup>, Madushani D.A.P., Karunanayaka K.D.S.V.

Department of Pharmacy, Faculty of Allied Health Sciences, University of Ruhuna

#Corresponding author: krishanthi2001@yahoo.com

**Background**: Azadirachta indica (neem), Curcuma longa (turmeric) and Citrus aurantium (bitter orange) plants are known to have well known antimicrobial activity due to the presence of various phytochemicals. Poly-herbal hand sanitizers consist of natural plant extracts are vital in controlling the spread of microbes and in preventing the development of infectious diseases.

**Objectives:** To evaluate the phytochemical constitutes of plant extracts and formulate the alcohol based poly herbal hand sanitizers with potential antimicrobial activity using neem leaves, rhizomes of turmeric and bitter orange peels.

**Methodology**: Aqueous ethanolic (80%) extracts of the plants were obtained by steeping method and subjected to phytochemical screening test and total phenolic content (TPC) and total flavonoid content (TFC) were determined by Folin-Ciocalteu assay and by Aluminium Chloride Colorimetric method respectively. The alcohol based poly herbal hand sanitizers ( $F_1$ ,  $F_2$ ,  $F_3$ ,  $F_4$  and  $F_5$ ) were formulated by incorporating freeze dried powders of 80% aqueous ethanolic extracts to the base of the hand sanitizers.  $F_1$ - $F_5$  formulations were tested for stability parameters and in vitro antibacterial activity by using agar well diffusion method against *Staphylococcus aureus*, *Escherichia coli* and *Pseudomonas aeruginosa* compared to positive control (commercial product) and the negative control (base).

**Results:** The phytochemical screening of all three extracts revealed the presence of carbohydrates, phenolics, saponins and flavonoids TPC and TFC values of turmeric is significantly higher than other plant extracts (3928.497 $\pm$ 343.0241mg GAE/100g DWand1657.711 $\pm$ 138.281 mg CAE/100g of DW of the rhizomes.F<sub>5</sub>herbal hand sanitizer is stable (colour, phase separation, odour, pH) for 1 month of period. Prominent zone of inhibition (mm) was observed in F<sub>5</sub> formulation (*S. aureus* 23.6 $\pm$ 0.6, *E.coli* 15.6 $\pm$ 0.6, *P. aeruginosa* 10.3 $\pm$ 0.6) compared to the commercial product (*S. aureus* 0 $\pm$ 0, *E.coli* 0 $\pm$ 0, *P. aeruginosa* 0 $\pm$ 0).

**Conclusions:** Selected plants are rich in polyphenols and flavonoids and formulated hand sanitizers have significant antibacterial activity compared to commercial product tested against all the tested microorganisms.

**Keywords:** Hand sanitizer, Antibacterial activity, Azadirachta indica, Curcuma longa, Citrus aurantium