

University of Ruhuna

Master of Arts in Peace and Development Studies

Third Semester Examination – May 2018

PDS 6333 – Psychology and Personal Transformation

Time: 3 Hours

Part I

Select and Answer Three (03) Questions in this Section

01. Explain the nature and role of the mind.
02. Delusion, Greed, Anger, Selfishness, and wrong view, are unwholesome mental factors. How do they influence upon our mind and life?
03. Loving - kindness (Metta), Compassion (Karuna) Sympathetic joy (Mudita), and Equanimity (Upekkha) are four divine states of mind. How do they conduce to personal transformation? Elucidate.
04. What is the difference between knowledge and wisdom? Analyse in detail.
05. “Wisdom words given by the Buddha are conducive to happy life” Describe.

Part II

Select and Answer One (01) Question in this Section

06. Discuss Freud’s theory of Conflict.
07. Why Gestalt theory is important in understanding conflict?

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