



University of Ruhuna - Faculty of Medicine

Allied Health Sciences Degree Programme

B.Sc. Nursing Degree Programme

1st End Semester Examination

NFU 1146 - Fundamentals of Nursing I- Part A

SEQ paper

July 2015

Duration: Thirty (30) minutes

Index Number

1.

1.1. Mrs. Lalitha is admitted to the medical ward complaining of fever for 3 days. On admission her body temperature is 102.6 F. You are allocated to care to Mrs. Lalitha after the admission during your clinical placement.

1.1.1. Give five (05) possible causes for fever (5 marks)

.....
.....
.....
.....
.....

1.1.2. Give five (05) associated features with fever (5 marks)

.....
.....
.....
.....
.....

1.1.3 Define following patterns of fever with graphical illustrations and examples (15 marks)

- a. Continuous fever
- b. Intermittent fever
- c. Remittent fever

.....
.....
.....

1.2 Write short note on followings.

1.2.1 Responsibilities of an admission nurse

(25 marks)

Dotted lines for writing the answer.

1.2.2 Outpatient admission

(12.5 marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

1.2.3 Discharge plan

(12.5 marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



University of Ruhuna - Faculty of Medicine
Allied Health Sciences Degree Programme
B.Sc. Nursing Degree Programme
1st End Semester Examination
NFU 1146 - Fundamentals of Nursing I
SEQ paper-Part B

066

July 2015

Duration: Thirty (30) minutes

Index Number

2.

2.1.1 Briefly explain the term "communication". (10 marks)

.....
.....
.....
.....
.....
.....

2.1.2 Mention the two (02) main types of communication based on channels of communication. (10 marks)

.....
.....
.....
.....
.....

2.1.3 Mention the two (02) main types of communication based on the purpose of communication. (10 marks)

.....
.....
.....
.....
.....

2.1.4 List four (04) consequences of poor communication.

(20 marks)

.....

.....

.....

.....

.....

.....

2.1.5 List four (04) purposes of documentation.

(20 marks)

.....

.....

.....

.....

.....

2.1.6 Describe how to advice a patient to collect a clean catch, midstream urine sample for urine ward test.

(30 marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



University of Ruhuna - Faculty of Medicine

Allied Health Sciences Degree Programme

B.Sc. Nursing Degree Programme

1st End Semester Examination

NFU 1146 - Fundamentals of Nursing I

SEQ paper - Part C

July 2015

Duration: Thirty (30) minutes

Index Number

1.

1.1 An 85 years old patient was admitted to the geriatric Care Unit, in night casualty with a mild confusion and restlessness.

1.1.1 What are the safety devices you suggest for this person? (10 marks)

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

1.1.2 List the complications that can happen with the use of restraints? (5 marks)

.....
.....
.....
.....
.....
.....
.....
.....

1.1.3 You are invited to do a presentation for elderly care givers, who are attached to an elderly care home. What topics would be the most appropriate for them? Discuss the reasons (15 marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

1.2

1.2.1 Health care workers are facing many health issues because of their occupation. What are the occupational hazards that they have? (10 marks)

.....

.....

.....

.....

.....

.....

.....

.....

1.2.2 Advice to a junior nurse on 'way of minimizing occupational hazards' in the working place (10 marks)

.....

.....

.....

.....

.....

.....

.....

.....

.....
.....
.....

1.2.3 What are the 'Standard Universal Precautions' used to control infections in the hospital? (10 marks)

.....
.....
.....
.....
.....
.....
.....
.....

1.2.4 You are a nurse in a medical ward. Mention your suggestions to minimize health care errors in your unit. (10 marks)

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....



University of Ruhuna - Faculty of Medicine

Allied Health Sciences Degree Programme

B.Sc. Nursing Degree Programme

1st End Semester Examination

NFU 1146 - Fundamentals of Nursing I

SEQ paper- Part D

July 2015

Duration: Thirty (30) minutes

Index Number

1.

1.1 Breathing exercises are helpful to promote oxygenation.

1.1.1 List 3 (three) signs and symptoms of inadequate oxygenation. (12 marks)

.....
.....
.....
.....

1.1.2. How do you advice for a patient to perform diaphragmatic breathing exercise? (26 marks)

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....



1.1.3 List three (3) other measures that you can be performed to promote oxygenation.

(12 marks)

1.2

1.2.1 What are the models of health and illness?

(10 marks)

1.2.2 Briefly describe any one (01) model you mentioned in 4.2.1

(30 marks)

1.2.3. List major categories of risk factors for illness.

(10 marks)

.....

.....

.....

.....

.....

.....