



University of Ruhuna - Faculty of Medicine
Allied Health Sciences Degree Programme

B.Sc. Nursing Degree Programme

2nd End Semester Examination

NNU 1216- Nutrition in Nursing

SEQ paper

February 2017

Duration: One (1) hour

Index Number

1.

1.1 List five (5) factors affecting nutritional status of an individual. (20 marks)

1.2 List four (4) disease conditions which need therapeutic diet. (20 marks)

1.3 List four (4) objective data you are going to collect from a patient during nutritional assessment.

(20 marks)

A series of horizontal dashed lines provided for writing the answer to question 1.3.

1.4 Outline the effects of aging on nutritional status.

(40 marks)

A series of horizontal dashed lines provided for writing the answer to question 1.4.

2.

2.1 List five (5) contraindications of enteral feeding.

(25 marks)

2.2 List five (5) aims of giving nutritional support to patients.

(25 marks)

2.3 List three (3) methods of giving tube feeding.

(15 marks)

2.4 Discuss the dietary guidelines.

(35 marks)