University of Ruhuna

Department of Nursing

2nd End Semester Examination

NNU–1216 Nutrition in Nursing

SEQ Paper –Part A

February 2018   **Duration: Thirty (30)minutes**

Index number:-...

Part A

1.

1.1) List five (5) factors affecting nutritional status of an individual.   (15 marks)

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1.2)   Mention four (4) disease conditions which are needed therapeutic diet to manage the patient.
(10 marks)

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1.3) Mention four (4) objective data you are going to collect from the patient during nutritional assessment (10 marks)

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1.4) Mention five (5) contraindications of enteral feeding. (15 marks)

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1.5) Mention five (5) aims of giving nutritional support to the patients. (20 marks)

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	NNU–1216 Nutrition in Nursing
	SEQ Paper –Part B
February 2018	**Duration: Thirty (30)minutes**

Index number:-..

Part B

1.

1.1) Mention four effects of aging that affects the nutritional status of elderly.   (20 marks)

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1.2) List five common nutritional problems in elderly people .   (20 marks)

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1.3) Mention nutritional requirements of the elderly people related to the following component of nutrients   (15 marks)

  Energy- ....

  Protein- ....

  Vitamins-..

1.4) List three methods of assessing nutritional status of elderly.   (15 marks)

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1.5) Briefly describe three nursing interventions which help to promote nutritional status of the elderly people   (30 marks)

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