

**UNIVERSITY OF RUHUNA**

**BACHELOR OF SCIENCE GENERAL DEGREE LEVEL III (SEMESTER II)**  
**EXAMINATION - JANUARY/FEBRUARY 2018**

**SUBJECT : Zoology**

**Time: 75 minutes**

**COURSE UNIT : ZOO 3292 - Human Health**

Answer **any three (03)** questions.  
Illegible handwriting would be penalized.

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1. What is physical fitness?  
Briefly describe the components of health related physical fitness.
  
2. Write an account on disorders of human cardiovascular system and list the preventive measures to minimize these disorders.
  
3. Briefly describe the following terms related to infectious diseases.
  - (i). Nosocomical infection
  - (ii). Opportunistic infection
  - (iii). Zoonotic disease
  - (iv). Carriers of a disease
  
4. Write short notes on **any two** of the following;
  - (i). Environmental wellness and its benefits
  - (ii). Dietary fats
  - (iii). Importance of social wellness

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