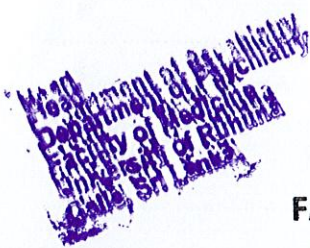


Index number.....



**FACULTY OF MEDICINE, UNIVERSITY OF RUHUNA
FINAL EXAMINATION FOR MEDICAL DEGREES
PSYCHIATRY PAPER 1**

19th June 2020

(1.00 – 4.00) 3.00 hours

Answer all 6 (six) questions.

Write your answer in the space provided

1. A 25 year old tea cultivator with 5 years history of schizophrenia is admitted to the hospital. This is his 5th relapse. According to his parents his functioning was good in first few years of the illness but it started to decline gradually. Patient reveals that he continues to hear unseen voices talking to him.

1.1. Name three (3) negative features of schizophrenia. (15 marks)

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1.2. What information do you need to diagnose resistant schizophrenia in this patient? (15 marks)

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1.3. Outline the steps in the management, if you diagnose resistant schizophrenia in this patient. (30 marks)

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Index number.....



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1.4. Name four (4) possible factors contributing to his frequent relapses. (20 marks)

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1.5. Briefly describe the interventions you would carry out to minimize the contributory factors you have mentioned in 1.4 (20 marks)

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Index number.....

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2. A 28 year old unemployed graduate was admitted to hospital following ingestion of three yellow oleander seeds with sugar. He revealed that he is a burden to his parents and he regrets his survival. He is medically stable and is transferred to psychiatry unit.

2.1 Outline the assessment of suicidal risk of this patient (15 marks)

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2.2 Write instructions you would give to nursing staff to prevent his further attempts of suicide. (15 marks)

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Patient's mother informs the doctor that her son's behaviour changed over last 2-3 months. He has stopped watching TV and going out with his friends which he enjoyed previously.

2.3 What is the most probable diagnosis? (10 marks)

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Index number.....

2.4 Write three (3) other features (not given in the history) you would expect to elicit in this patient (15 marks)

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2.5 Write one (1) medication you would prescribe for this patient (5 marks)

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2.6 Write one(1) psychological intervention you would use for this patient (10 marks)

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2.7 Write components of the above mentioned (2.6) intervention. (15 marks)

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2.8 If his mother asks you whether her son will recover from his 'mental illness' and will be able to do a job, how would you answer her question? (15 marks)

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3.A 70 year old retired teacher was brought to the psychiatry clinic by her daughter. The patient has been agitated, aggressive and confused for two days. She had a history of a depressive episode following her husband's death six years back. She completely recovered from depression following treatment for 6 months.

3.1. What is the most likely diagnosis? (10 marks)

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3.2. What should be the setting of the treatment? (10 marks)

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3.3. Give reasons for the answer given in 3.2 (10 marks)

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3.4. List three (3) features you would expect to find in the patient's mental state examination (MSE)

(30 marks)

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Index number.....

3.5. Outline the immediate management of this patient.

(20 marks)

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3.6. Patient's daughter says "I cannot think of any particular reason for this change of her behavior"
How would you explain the patient's condition to her daughter? (20 marks)

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Answer all 6 (six) questions.

Write your answer in the space provided

4. A 30 year old single male, a cashier, came to the medical clinic complaining difficulty in falling asleep for past three months. This resulted in him waking up late and feeling sleepy during the day time.

4.1 Write three (3) possible causes for his disturbed sleep. (15 marks)

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4.2. Write four (4) important aspects you would explore when you take the history from this patient. (20 marks)

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4.3 Write two (2) investigations that you would order to arrive at a diagnosis. (10 marks)

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Index number.....

4.4 What advice would you give to this patient until the results of these investigations are available,?

(20 marks)

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On his next visit the patient said "I still have the same problem even though I followed your advice. This affects my work and I feel restless most of the time. I am getting irritable for small issues, even with my girlfriend. All this is because I'm tired and worried everyday due to my sleep problem."

There were no abnormalities detected in his investigations.

4.5. Write two (2) differential diagnoses.

(10 marks)

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4.6 Outline the management of one of your differential diagnoses.

(25 marks)

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Answer all 6 (six) questions.

Write your answer in the space provided

5.A 12 year old boy was caught by the police at 11am in his school uniform, smelling of alcohol, in a restaurant with a gang of 19-year old boys. When the police contacted his parents, they were surprised and said that they dropped him at school gate as usual in the morning.

5.1. Mention three (3) features found in this scenario, which will help to arrive at a diagnosis. (15 marks)

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5.2 What is the most likely diagnosis? (10 marks)

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5.3 State five (5) other features you would look for to support your diagnosis. (15 marks)

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Index number.....

5.4 Write two (2) specific assessments you would request. (10 marks)

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5.5 State four (4) services which you need to work with in the long term management of this child (20 marks)

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5.6 Mention what interventions you would expect from each service mentioned in 5.5. (20 marks)

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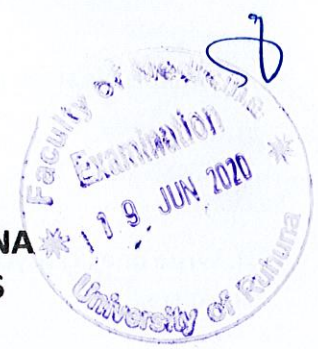
5.7 State two (2) major risks you would anticipate in future, if this child is not treated. (10 marks)

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Index number.....



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Write your answer in the space provided

6. A 35-year-old man was referred to you by the police for psychiatric assessment. He was accused of assaulting his wife on the previous night. He claims no memory of the incident, but admits he was under the influence of alcohol when the alleged incident happened. He does not believe his alcohol-consuming behavior is a problem for himself or his family.

6.1. What is the most probable diagnosis? (10 marks)

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6.2. Write key questions you would ask from the patient to arrive at the diagnosis of alcohol dependence syndrome. (30 marks)

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Index number.....

6.3. What is his stage in the "cycle of change"?

(10 marks)

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6.4. Write one (1) psychological intervention you would use to move the patient from the current stage to next stage.

(15 marks)

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6.5. On interview, patient reveals that his sexual life with wife is unsatisfied as he is having problems with erection

Write two (2) key questions you would ask to understand the nature of his problem. (20 marks)

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2.
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6.6. Write five (5) risk factors for Erectile Dysfunction.

(15 marks)

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