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Allied Health Sciences Degree Programme

B.Sc. Nursing Degree Programme

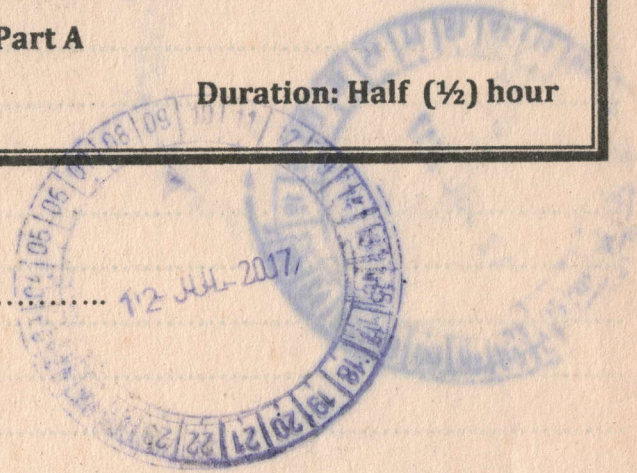
5th End Semester Examination

NME 3142- Medical Nursing II

SEQ paper -Part A

November 2016

Duration: Half (½) hour



Index Number

1.

1.1. Briefly describe the physiological actions of the thyroid hormones (20 marks)

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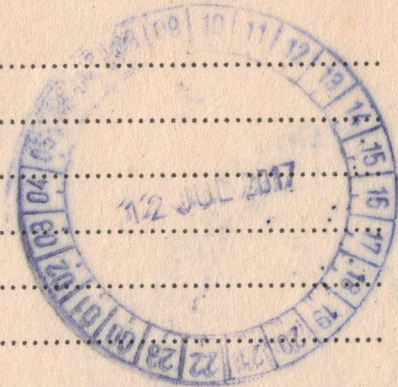
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1.2. Describe the clinical features of hypothyroidism and physiological explanations for them if they can be physiologically explained (45 marks)



A series of horizontal dotted lines spanning the width of the page, intended for the student to write their answer to the question.

1.3. Describe how you would advice a newly diagnosed hypothyroid patient regarding the disease, drug treatment and follow up as a nursing officer when the patient is discharged from the ward. (35 marks)



A series of horizontal dotted lines provided for writing the answer to the question.

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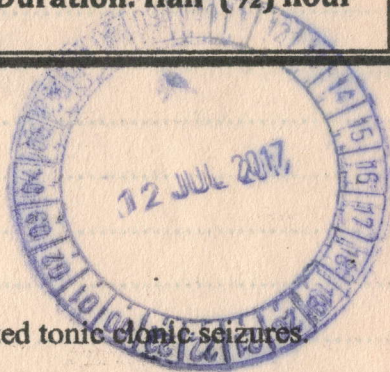
5th End Semester Examination

NME 3142- Medical Nursing II

SEQ paper -Part B

November 2016

Duration: Half (½) hour



Index Number

1. A 24 year old newly married school teacher presents with generalized tonic clonic seizures. She was diagnosed as having epilepsy and treatment is started.

1.1. What advice would you give the husband regarding the first aid in case she gets another attack (25 marks)

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1.2. What advice would give the patient regarding having sexual intercourse, pregnancy and contraception (25 marks)

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2.

A 45 year old male was newly diagnosed to have diabetes mellitus. He is obese with BMI of 29 kg/cm².

2.1 What is the best medication to control his blood sugar? (05 marks)

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2.2 Name three (03) other medications from different classes that can be used to control his blood sugar. (10 marks)

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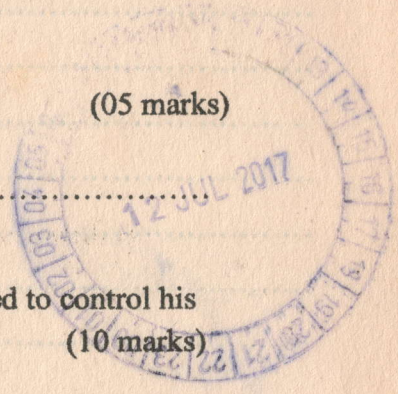
2.3 Write one (01) main side effect of the medications mentioned in 2.1 and 2.2. (10 marks)

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A 13-year boy who was diagnosed to have type 1 diabetes mellitus recently and he was prescribed on intermediate acting insulin injection twice a day using syringes.

2.4 Briefly mention how you would advise him on insulin injection technique. (25 marks)

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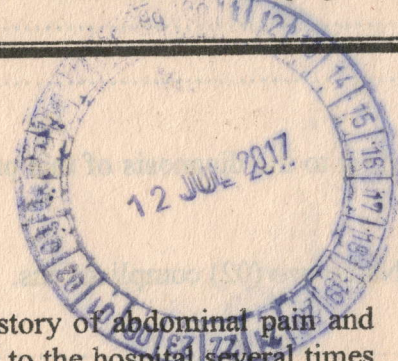
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5th End Semester Examination
NME 3142- Medical Nursing II
SEQ paper -Part C

November 2016

Duration: Half (½) hour



Index Number

1.

A 25-year old man was admitted to the medical ward, with history of abdominal pain and fullness, heart burn, nausea and vomiting. He has been admitted to the hospital several times for same complains.

1.1 What is the most likely diagnosis? (10 marks)

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1.2 List three (03) Nursing Diagnoses. (15 marks)

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1.3 Briefly outline the management/ treatment of this patient. (25 marks)

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According to the diagnosis of this patient (actual or possible), complications could occur in future.

1.4 Name two (02) complications. (10 marks)

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1.5 Name three (03) diagnostic measures. (15 marks)

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1.6 How do you educate the patient? Mention 3 education tips. (25 marks)

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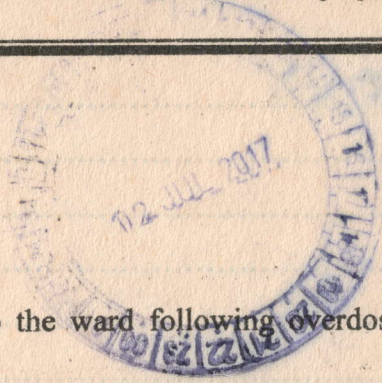
NME 3142- Medical Nursing II

SEQ paper -Part D

November 2016

Duration: Half (½) hour

Index Number



1. Mrs. Karunarathna, a 38 year old lady was admitted to the ward following overdose paracetamol poisoning.

1.1 Briefly describe the initial assessment of this patient? (20 marks)

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1.2 Write two (2) investigations that need to be performed in this patient (10 marks)

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1.3 Outline the nursing management of this patient

(30 marks)

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2. Mr. Perera, a 48 years old male who was diagnosed as having diabetes mellitus for 05 years was admitted to the ward due to poor sugar control.

2.1. State the health education that you provide her on discharge. (30 marks)

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2.2 Write two (2) long term complications of Diabetes mellitus (10 marks)

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