



FACULTY OF ALLIED HEALTH SCIENCES, UNIVERSITY OF RUHUNA

Department of Nursing  
5<sup>th</sup> End Semester Examination – 2021 – 2016/2017 (10<sup>th</sup> Batch)  
NME 3142- Medical Nursing II

Date: 25<sup>th</sup> October 2021

Time: 11.00 a.m.-1.00 p.m.

Duration: 2 hours

Index Number: .....

**Answer all questions.**

1.

A 22 years old girl was admitted the ward complaining of nausea, vomiting and upper right quadrant pain. During history taking, it was identified that she had consumed paracetamol with a suicidal ideation.

1.1. Mention three (03) important questions that you would ask during history taking.

(15 marks)

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1.2. List four (04) investigations that can be performed to this patient.

(20 marks)

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1.3. Mention two (02) nursing diagnoses for the above patient.

(20 marks)

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1.4. Describe the nursing care to this patient.

(45 marks)

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Answer all questions.

2.

2.1

A 68 year old lady with Diabetes Mellitus and Hypertension was admitted with sudden loss of consciousness and onset of left side paralysis. On examination, she was presented with several signs and symptoms related to neurological system. Her pulse rate was 80 beats per minute and blood pressure was 150/90 mmHg. Random blood sugar was 496 mg/dl.

2.1.1. State two (02) different diagnoses?

(10 marks)

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2.1.2. In addition to above clinical feature, list five (05) clinical features you would expect in this patient. (25 marks)

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2.1.3. List five (05) nursing measures when applying nursing care to above patient. (15 marks)

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2.2.

A 65-year old lady was admitted to the Medical ward with history of chronic cough, weight loss. In addition to that, she complained about low-grade fever, night sweats, loss of appetite and fatigue.

2.2.1. What is the most likely diagnosis? (05 marks)

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2.2.2. State three (03) Nursing Diagnoses. (15 marks)

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2.2.3. State five (05) nursing interventions which are useful for this patient.

(30 marks)

A series of 20 dotted lines for writing the nursing interventions.



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Answer all questions.

3.

3.1

3.1.1. What is the definition of dementia? (10 marks)

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3.1.2. List three (03) types of dementia (20 marks)

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3.1.3. List three (03) treatable causes of dementia (20 marks)

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3.2

3.2.1. List three (03) investigations, which can be used to diagnose diabetes mellitus. (05 marks)

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3.2.2. List one (01) acute and five (05) chronic complications of type 2 diabetes mellitus. (05 marks)

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3.2.3. Discuss in brief the dietary advice you would give to a patient with newly diagnosed type 2 diabetes mellitus. (15 marks)

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3.3 Infectious conjunctivitis is a common eye disorder.

3.3.1. List three (03) symptoms of conjunctivitis.

(10 marks)

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3.3.2. Write three (03) nursing interventions you would apply for a patient with conjunctivitis.

(15 marks)

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Answer all questions.

4.

A 38 year old woman presented with lethargy, daytime somnolence and constipation for two months duration. She also complained of excessive menstrual blood loss. On examination she was pale, her skin was dry, pulse rate was 52/min, blood pressure was 140/90 mmHg.

4.1. What is the most likely diagnosis? (10 marks)

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4.2. List four (04) further clinical features (history or examination) you would look in her supporting the above the diagnosis? (30 marks)

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4.3. State two (02) laboratory investigations you would perform in her mentioning the expected results. (30 marks)

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4.4. Outline the steps of her management including the follow up in first 3 months. (30 marks)

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