



FACULTY OF ALLIED HEALTH SCIENCES, UNIVERSITY OF RUHUNA
 Department of Nursing
 6th End Semester Examination – 2020 – 2015/2016 (9th) Batch
 NDI 3215- Dietetics in Nursing - SEQ

Date: 17th December 2020

Time: 9.00 a.m.-10.00 a.m.

Duration: 1 hour

Index Number:

Answer all questions.

1.

1.1. List four (04) complications of dysphagia. (10 marks)

.....

1.2. What is dumping syndrome? (10 marks)

.....

1.3. List the “post- gastrectomy dietary interventions” during initial 7 days of post-operative period. (20 marks)

.....

.....
.....
.....
.....
.....
.....
.....

1.4.Name the five (05) principles of diet planning. (25 marks)

.....
.....
.....
.....
.....
.....

1.5.List dietary instructions that you can provide for a healthy individual to prevent getting a stroke attack. (20 marks)

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

1.6. List three (03) special concerns that should be considered when preparing meals for a patient with dysphagia recovering from stroke. (15 marks)

.....

.....

.....

.....

.....



FACULTY OF ALLIED HEALTH SCIENCES, UNIVERSITY OF RUHUNA

Department of Nursing

6th End Semester Examination – 2020 – 2015/2016 (9th) Batch

NDI 3215- Dietetics in Nursing - SEQ

Date: 17th December 2020

Time: 9.00 a.m.-10.00 a.m.

Duration: 1 hour

Index Number:

Answer all questions-

2.

2.1. List five (05) dietetic considerations for a patient with chronic renal failure. (20 marks)

.....

2.2 . Describe the necessary dietary requirement for a patient with diarrhea. (20 marks)

.....

2.7 . List five (05) considerations about composition of the fat controlled diet. (20 marks)

.....
.....
.....
.....
.....
.....

2.8 . List two (02) instructions that you could provide a patient on low dietary fat intake. (10 marks)

.....
.....
.....
.....

2.9 . Mention two (02) important instructions for a patient with sodium restricted diet. (10 marks)

.....
.....
.....