



FACULTY OF ALLIED HEALTH SCIENCES, UNIVERSITY OF RUHUNA

Department of Nursing

3rd End Semester Examination – 2026 – 2022/2023-16th Batch

New Curriculum

NUR 2111 – Psychiatric and Mental Health Nursing – SEQ

Date: 14th July 2026

Time: 9.30 a.m.-10.30 a.m.

Duration: 1 hour

Index Number:

Answer all questions using the space provided.

1. Schizophrenia is a chronic psychiatric disorder that affects thought, perception, emotions, and behaviour.

- 1.1. Name **two (02)** typical antipsychotics and **three (03)** atypical antipsychotics commonly used in Sri Lanka in the treatment of schizophrenia. (20 marks)

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- 1.2. Name **three (03)** metabolic and **three (03)** extra pyramidal side effects associated with antipsychotic medications.

(20 marks)

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- 1.3. Write **four (04)** advantages of long acting antipsychotic preparations over oral medications in Schizophrenia management? . (20 marks)

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1.4.Name four **(04)** disadvantages of long acting antipsychotic preparations over oral medications in Schizophrenia management? (20 marks)

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1.5.Neuroleptic Malignant Syndrome (NMS) is a rare but serious and potentially life-threatening adverse effect of antipsychotic medication. Mention the **five (05)** key clinical features of NMS. (20 marks)

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2.

Mrs. Sriyalatha is a known patient with dementia who lives with her family. You are the community psychiatric nurse responsible for providing care in her area.

2.1. List **five (05)** roles of a community psychiatric nurse.

(20 marks)

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2.2. You are required to educate the family on how to arrange a safe and supportive room for Mrs. Sriyalatha. State **five (05)** factors that should be considered when arranging her room.

(25 marks)

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2.3. State **five (05)** nursing diagnosis for this patient?

(20 marks)

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2.4. Briefly state **five (05)** interventions you would implement to enhance the quality of life of Mrs. Sriyalatha, who is living with dementia. (20 marks)

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2.5. Mrs. Sriyalatha's daughter has been diagnosed with **moderate depression** due to the burden of caregiving. As a community psychiatric nurse, state **three (03)** important points you would emphasize regarding the management of her antidepressant medication. (15 marks)

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