



FACULTY OF ALLIED HEALTH SCIENCES, UNIVERSITY OF RUHUNA
Department of Nursing
5th End Semester Examination – 2026 – 2021/2022 (15th) Batch
NUR 3134 – Surgical Nursing II - SEQ

Date: 2026.06.15

Time: 11.00am – 1.00pm

Duration: 2 hours

Index Number:

Answer all questions using the given space.

1.

1.1.A 45-year-old woman presents to the surgical clinic with a lump in the right breast. The lump is 4cm in size and few mobile axillary lymph nodes are detected. The clinical diagnosis of breast carcinoma is made after examination.

1.1.1. State five (05) clinical features of breast carcinoma.

(Marks 20)

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1.1.2. What is the TNM staging of this lump?

(Marks 10)

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1.2. Name five (05) benign conditions of the breast.

(Marks 20)

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1.3. What do you mean by triple assessment of breast lump?

(Marks 10)

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1.4. State five (05) sites or organs that breast carcinoma metastasis (secondary deposit).

(Marks 15)

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1.5. This patient is treated with simple mastectomy and axillary clearance.

1.5.1. State five (05) essential steps in pre-operative preparation.

(Marks 15)

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1.5.2. What advice would you give to the patient on discharge after the surgery. (Marks 10)

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2. A 62-year-old male was admitted with progressive jaundice, severe weight loss, anorexia, upper abdominal pain, nausea, and generalized weakness for three months. Investigations confirmed carcinoma of the head of the pancreas. The patient was scheduled for pancreaticoduodenectomy (Whipple surgery).

2.1. Mention two (02) investigations performed to confirm the diagnosis of pancreatic cancer.

(10 Marks)

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2.2. Outline the pre-operative preparation of a patient undergoing Whipple surgery. (20 Marks)

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2.3. Write three (03) pre-operative nursing diagnoses relevant to this patient. (15 Marks)

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2.4. Write three (03) post-operative nursing diagnoses relevant to this patient. (15 Marks)

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2.5. Outline two (02) nursing interventions for each post-operative nursing diagnosis mentioned above. (24 Marks)

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2.6. List four (04) complications of Whipple surgery.

(16 Marks)

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3. Mrs. Nanda, a 62-year-old woman, is admitted to the emergency treatment unit following a fall at home. She complains of severe pain in the right hip, tenderness and swelling around the right hip region and is unable to stand or walk. X-ray confirms a fracture in the neck of femur. After assessment by the orthopedic team, she is planned for a right Total Hip Replacement surgery.

- 3.1. State four (04) other indications for Total Hip Replacement surgery. (12 Marks)

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- 3.2. Mention five (05) important areas of pre-operative nursing assessment. (15 Marks)

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- 3.3. State four (04) blood investigations you would arrange for this patient during the pre-operative phase. (08 Marks)

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3.4. List three (03) possible post-operative complications of Total Hip Replacement surgery.

(15 Marks)

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3.5. Briefly describe the immediate post-operative nursing care for Mrs. Nanda after Total Hip Replacement surgery.

(20 Marks)

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3.6. Briefly describe the health education that you would provide to this patient before discharge.

(30 Marks)

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4. A 68-year-old male patient presents with difficulty in urination, urinary frequency, nocturia, and lower back pain. Following investigations, he is diagnosed with prostate cancer.

4.1. List four (04) risk factors associated with prostate cancer. (10 Marks)

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4.2. State four (04) methods of conservative management for prostate cancer. (20 Marks)

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4.3. State three (03) surgical management options available for prostate cancer. (30 Marks)

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4.4. Briefly describe the nursing care priorities in the management of a patient with prostate cancer. (40 Marks)

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